

# CPH EXAM STUDY CHECKLIST



## SELF-ASSESSMENT



### REVIEW THE CONTENT OUTLINE

Use this as a road map of the areas of knowledge on which you will be tested.



### ANSWER THE SAMPLE QUESTIONS

Ensure that you can answer all the sample questions provided, as they are modeled closely after questions on the exam itself.



### TAKE THE PRACTICE EXAM

This is a chance to test your knowledge for free with questions taken from old CPH exams. How you perform will guide you on deciding where you need to focus your studying.



## BEGIN TO STUDY



### UTILIZE THE NBPHE CPH STUDY GUIDE

An online CPH study guide includes practice exams, interactive sample questions, and studying tips.



### USE THE APHA CPH STUDY GUIDE

A print study guide that includes a written overview of each of the domains and sample exam questions.



### TUNE IN TO STUDY SESSION WEBINARS

Watch archived and join live exam review webinars hosted by ASPPH on the exam's core knowledge areas.



### SCHEDULE YOUR EXAM

You have spent many hours preparing and now it's time to schedule your exam. Good luck!

Access these resources and more  
[NBPHE.org/cph-study-resources](https://www.nbphe.org/cph-study-resources)

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by National Board of Public Health Examiners